



# Introduction to Zen Meditation

Timothy Lerch JDPS

**Free Public Talk**

Friday February 20, 2009 7:00 PM  
Friend's Meeting House, 4836 Ellsworth Avenue

**One Day Retreat**

9:00 AM Saturday February 21  
through

4:00 PM Saturday February 21  
Registration 8:30 AM

Fee \$75 includes 1 vegetarian meal  
Student discount and other discounts available  
Partial attendance allowed

## Zen Group of Pittsburgh

Information and registration:  
Telephone 412/491-9185 \* [www.zengrouppgh.org](http://www.zengrouppgh.org)